

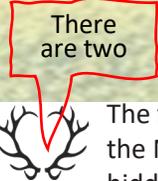


Rolling Hills Community News

Exira
Elk Horn
Kimballton
Brayton

December 8, 2022

Volume 2 - No. 21



The mystery of: "The Hiding Elk Horns"

In the November 24th paper

This was just to see if James reads the paper

Pg 15 Upper-right sweater

Pg 17: There should have been one on a Christmas tree ornament. But not there. The Grinch stole it.



These Elk horns are hiding somewhere in this publication It may be small, large, a different color ...

The first two people to show Diane at the Norse Horse where the horns are hidden get a drink token...

NOTICE:
We will not have a Dec 22 paper. The editors will be out of town. The next paper will come out January 12, 2023.

December 10

Ugly Sweater Festival

FIRE STATION
Breakfast 7:00 - 10:00
Santa by DVIO 8:00 - 10:00

TOWN HALL
Vendor Fair 9:00-1:00

LIBRARY
Christmas Train Display 9:00-11:00
Cookie Walk 10:00

MUSEUM OF DANISH AMERICA
Photography Workshop 1:00

Hot Chocolate Booth
Elk Horn Explorers 4-H Group

Ugly Sweater Photo Ops

Surprise Snowman Visits

The Grinch will be lurking



We publish on the 2nd and 4th Thursday of the month.

Deadline for content is the **SUNDAY BEFORE.**

We REALLY APPRECIATE the content you have been sending. We would ask that you try your best to get it to us by the deadline - Earlier is MUCH appreciated.

Please send your content in digital form to our email:

content@rollinghillsnews.net. We would appreciate:

- Content pictures sent as an attachment
- Text can either be in the body of the email or as an attachment.
- Text in Microsoft Word or similar format.
- Include contact information to resolve any issues

Questions? Contact: Steve or Dusty Turner:
(712)764-3441(home) (510)205-8840
(Steve's cell)
(510) 566-3063 (Dusty's cell)



The beliefs and opinions of submitted content should not be construed as reflecting the beliefs or positions of Rolling Hills News.

WAYNE HANSEN Real Estate

4216 Main St., Elk Horn, IA 51531 and 110 W. Washington St., Exira, IA 50076

Check out our website for more details www.waynehansen.com

List your farm where the action is! • Homes • Acreages • Farms • Real Estate Auctions • Crop Insurance



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Office: 712-764-7653
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Abby Rasmussen, Broker Associate
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306 W Washington St. Exira - \$23,000

Investment opportunity in Exira - new asphalt roof and sheathing just put on this fall. Property sits right next to Casey's. Currently a month-to-month lease. Call Abby at 712-249-1311 to set up a viewing or for more pictures.



305 Davenport St. Audubon, - \$99,000

Cute brick ranch! Lots of work has been put into getting this 2 BR brick ranch ready for the next owner. Contact Abby at 712-249-1311 for more details.

New farm listing 80 acres with or without house on Section 25. **OFFER ACCEPTED**
Just 1 mile North of Kimballton on hwy.

We would love to list your home, acreage, or farm! Give us a call today!

HOMES: AUDUBON:

- 305 Davenport **NEW - \$99,000**
- 308 1st Ave. **SOLD**

EXIRA:

- 306 W. Washington St..... **NEW - \$23,000**
- 204 N. Fairview St. **PRICE REDUCED \$132,000**
- 208 W. South St..... **SOLD**
- 121 W. Washington..... **SOLD**
- Viking Addition Lots **4 LOTS REMAIN**

ELK HORN

- 4209 Madison St..... **SOLD**
- 4244 Union St..... **SOLD**
- 1999 Washington St..... **SALE PENDING**

HARLAN

- 901 Farnam St..... **SALE PENDING**

IRWIN

- 512 Harmon St..... **PRICE REDUCED \$129,000**

ACREAGES:

LIST YOUR ACREAGE WITH US!

- 2762 Dove Ave., Elk Horn..... **SALE PENDING**
- 2458 Bluebird Ave., Kimballton..... **SALE PENDING**
- 1904 260th St., EXIRA..... **SOLD**
- 2756 190th St, Audubon..... **SOLD**

• New farm listing; 99 acres m/l located in section 6 Sharon township, Audubon Co. CSR 2 65.1 Crop acres 87.8.
Call Wayne for more details.

• New farm Listing 130 acres m/l located in section 25 Union Township Cass Co IA. CSR2 61.3 Crop Acres 116.2 Hwy 92 - frontage large pond.
Call Wayne for more details.

2022 IRS Tax Return Form:

- > What was your income for the year
- > What were your living expenses
- > What do you have left
- > Send it in

MUSEUM OF DANISH AMERICA

SMARTPHONE PHOTOGRAPHY WORKSHOP

WITH TYLER ERICKSON
DECEMBER 10TH AT 1PM

Registration is Required

\$20 FOR MUSEUM MEMBERS

\$25 FOR NONMEMBERS

FOR AGES 16 AND UP

TO REGISTER

CONTACT THE MUSEUM AT 764-7001

Learn how to take better photos with your smartphone for the holidays with Tyler Erickson, a multidisciplinary photographer based in Des Moines.

This 90-minute workshop will provide the fundamental techniques to help improve your skills on any camera; focusing primarily on the one we all have in our pocket.



THE KRINGLE MAN PASTRIES



712-764-3663
Box 94, 4228 Main St
Elk Horn, IA 51531
danishvillagekringle.com

Famous "Photo" titled:
"Waiting for The Wife"

Phone: (712) 764 2487
Email: rhoffman1963@gmail.com
Address: Log cabin Quilt Shop
 2109 Broadway Ave, Elk Horn, IA 51531

Hours	
Monday	10 am - 5 pm
Tuesday	10 am - 5 pm
Wednesday	10 am - 5 pm
Thursday	10 am - 5 pm
Friday	10 am - 5 pm
Saturday	10 am - 5 pm

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 State Farm County Mutual Insurance Company of Texas, State Farm Lloyds, Richardson, TX State Farm Florida Insurance Company, Winter Haven, FL



10

SATURDAY, DECEMBER 10, 2022 AT 9 PM - 1 AM
KARAOKE NIGHT **TJ'S POUR HOUSE - EXIRA, IA**

T.J.'s Pour House

OOPs...

Last publication we accidently repeated Wava's November 10 article. You get to read two articles in this publication.

The fault of the editor

This article should have been in the previous (pre-Thanksgiving) publication. We are printing it now. As with all of Wava's writings, the article is timeless.

Wava's current article

The holiday season is upon us and with it comes much cooking, baking and hopes of serving the absolutely perfect meal. That brings to mind a few of my culinary blunders and those of others I've heard about through the years. It is only fair that I confess my own first.

As a young bride of about a month, I knew how to cook but I wasn't accustomed to rising before six in the morning to get a husband off to work on time. Still half asleep, I fired up the cook stove, heated the skillet and plopped an egg in the pan to fry. As I slid it onto Lyle's plate along with his toast, he took one stunned look and asked, "What kind of egg are you feeding me?" There in the center of that egg was a moth, wings outspread, embedded in the yolk. I never lived down the morning I fried a butterfly in Lyle's egg.

Many years later, Granddaughter #1 brought her boyfriend, Gerik, to introduce him to us and our rustic life on an Iowa farm. My beautiful salad with the creamy topping was already on the dining room table when the kids arrived. Summer always brought plenty of flies and other tiny insects that somehow found their way into our well-screened house where they often chose light fixtures as their final resting place. Ill health that summer had lowered my housekeeping standards and I knew disaster was imminent when Lyle began chasing a resident fly around the room. As he aimed his flyswatter towards the light fixture, I screamed, "Don't hit it!" just as whack, he hit it!! Gnats rained down on that salad like chocolate sprinkles on a Christmas cookie. I was certain Gerik would never come back to Grandmother's house, but he did. Eventually, Gerik and Tanya married and we have all lived happily ever-after.

There is some comfort in knowing I'm not the only cook of shame in the family. One of my aunts did not discover until the Thanksgiving bird was being carved by a family member that she had forgotten to remove the craw from the turkey.,.,.,My Aunt Daisy had heard of a delicious thing called coffeecake. Having no recipe to follow she stirred up a yellow cake batter, then added a handful of coffee grounds and popped it into the oven. The only thing good about that culinary failure was the aroma.,.,.,My mother was celebrating her January birthday. One of her cakes was a failure and Mom had just placed it out of sight on a table in the basement when her neighbor came in and headed down the steps with her snowy overshoes. Her glasses immediately fogged over. Removing them, but unable to see much without them, she groped her hand across the tabletop and over the cake. "Is this a board?" she asked. "Yes, it's a board," my mother replied as Emma placed her foggy glasses on Mom's inedible cake....A young newlywed from our church, the youngest of several sisters, had little cooking experience before her marriage. She decided to make baked beans from scratch like her mother. She didn't know you had to soak the dry beans overnight, then cook them on top of the stove until tender before adding the other ingredients and baking them in the oven. Her baked beans were solid as rocks.

Not long ago I received the life sketch of my good friend, Alice, who passed away in October. Through the years she most likely shared many a laugh with her family over several of the memories in that eulogy and wouldn't mind if the Rusty Quill included one or two. Alice was a brand-new bride long ago when she first attempted to make bread. The baked loaf was so hard that they couldn't eat it so eventually they tossed it out to the hogs. The hogs rooted that loaf of bread around for three days before they, too, gave up on it.

The eulogy included a story about a family pizza party. A grand-dog, Zoey, also came along to the gathering. While the family members bowed their heads and closed their eyes for the table prayer, Zoey stole the pizza and devoured it.

So many memories of kitchen misadventures keep coming to mind but they shall remain in the bottom of the barrel for now.

First things first: A correction in my article about flying machines. In the paragraph about my mother's first flight, it took place in the late 1920s, not the late 1930s. Sorry, Mom!

This may or may not be published until Thanksgiving is over. But it seems the entire month of November is forgotten in the mad rush from Halloween to Christmas so I will spend a few minutes dwelling on Thanksgiving, a day of appreciation for our many God-given gifts.

My thoughts on Thanksgiving were put into a poem I wrote many years ago.

Gratitude

The thankful heart asks not that untold riches come its way,
It thanks the Maker for the meager sustenance received from day to day.

The thankful eye bids not new glorious vistas every morn,
But looks instead for hidden beauties on the path well worn
The grateful hand seeks not the clasp of richly robed and royal kings,
It thrives upon the joy that daily labor midst the humble and the lowly brings.

The thankful ear needs not a lofty choir nor an orchestra divine,
It knows the simple pleasure of cricket symphony beneath the dew damp vine.

The grateful soul lives out each day with peace and heaven's abiding love,
And asks no special blessing for itself, yet for each little gift gives thanks to God above.

What am I especially thankful for this November? Family, friends and neighbors who have blessed my life with calls, comfort and help throughout the past three difficult years following the loss of my husband and daughter; My remaining daughter and her husband who have made it possible for me to stay in my life-time home on the farm; The Rolling Hills readers for the many nice comments on the Rusty Quill and suggestions for future articles; And last but not necessarily least, the election is finally over! Maybe I can remove the plugs from my ears and the shields from my eyes for a few months of relief from the merciless political ads that have battered us relentlessly for far too long. And my list could go on and on.

Here's wishing you a wonderful Thanksgiving!



YES, THERE IS GOOD NEWS!

In our previous article we saw that an essential ingredient to any government is a set of laws. God, the creator and sustainer of all things, has indeed given to His children a good, holy and righteous set of laws. The Apostle Paul said as much in his letter to the Church in Rome; "So then, the law is holy, and the commandment is holy, righteous and good." (Rom. 7:12) Paul himself acknowledged the Law of God in a New Testament writing to God's people and he called it good!!

As a side light, I find it interesting that in the realm of science, we see certain concepts that are labeled 'law'. We have 'the law of gravity', the 'laws of thermodynamics', Boyles 'law of gases' etc. And, yes, God is the author of these laws also – one must say that God is the originator of science. I have often said that even the atheist is governed by God's laws; just because you do not believe in God, doesn't mean you can jump out of a window and not crash to the ground!!

God's judicial laws are perfect and teach us about the attributes and character of God. Allow me to quote my daughter Cynthia Saladin from an article she wrote concerning this topic, "If God is your God and you want fellowship with Him, the law is part and parcel of your relationship with Him. It defines what acceptable conduct in His presence is. The law is a reflection of the character of God."

God did not give His people the law to be a 'ball and chain' around their feet. No, it was a gift, a beautiful gift that was placed in the hands Moses on Mount Sinai. And, of course, the chief part of His law, the Ten Commandments were written in stone by the finger of God.

Jesus Himself said that the greatest commandment was this, "Love the Lord your God with all your heart and with all your life and with all your mind." He did not pull this out of thin air; He was quoting from the book of Deuteronomy 6:5 "Hear, O Israel: The Lord our God, the Lord is one. You shall love the Lord your God with all your heart and with all your soul and with all your might."

God is all powerful and all knowing; He is perfect in wisdom and He is from everlasting to everlasting and, guess what, we are not!! He is life itself and the author of all things, and we are not!! He is Spirit and has given us everything we need for life and godliness and yet we take Him lightly? What really should our response be to His greatness and His love? There is nothing we have, that did not come from Him!! Is He worthy of our love? Is He worthy of our adoration? Is He worthy of our acknowledgement of Him?

We have just recently come through the season we call 'Thanksgiving'; to whom should we give thanks? The law, which defines God's character, addresses the way in which He desires to be worshiped and gives us all a code of morality in which to walk, is indeed perfect and we should thank Him for this gift.

Can I get an AMEN!

Bill Rollins 11-30-2022

"Kindness is a language which the deaf can hear and the blind can see."

— Mark Twain

IT'S ONLY SCIENCE

Right now, barge traffic on the lower Mississippi River has encountered problems. With the continuing drought river levels are at historic lows. This has curtailed loading barges to their normal draft. Draft being the measure of how low in the water the vessel rides. For a while not loading the barges to their full capacity was a work around for the low river level.

While this was how barge traffic could continue to move, it raised the cost of transport significantly. And it cut into the volume of goods moved. This had a considerable affect on many farm commodities. Not only for crops moving to market but for fertilizers and other goods moving upstream. Many people do not realize the percentage of our crop and farm supplies that move by water.

While it is possible to move these commodities by truck or rail, it is considerably more expensive. And there simply isn't the excess capacity of rail or trucking to handle the increased transfer of these items.

Another problem with the lower river levels is sea water infiltration. The lower river levels allow sea water to move farther up the river channel at high tide exposing risks to municipal water supplies. Opening up the possibility of aquifers being infiltrated with saltwater rendering them useless for many purposes. There may be a "silver" lining to this situation.

The Army Corp of Engineers are creating a bump in the riverbed near the normal point of sea water infiltration. They are hoping this will impede the sea water's upstream movement. Salt water has a higher specific gravity than fresh water. This means it tends to move under the fresh water as it slowly flows upstream. The Corp is hoping that their raising the riverbed will hold the salt water at bay.

The reason I describe this as a silver lining is because in the future with the rise in sea levels from ice caps and glaciers melting, along with thermal expansion this isn't going to be drought related problem. The higher ocean levels are going to be trying to push salt water farther up our rivers on a continual basis. The chance to try a preventative measure before an event is a best possible scenario.

Bob Mortenson 11-11-22

Peace Comes to Our Hearts

Sunday, December 11th: 9:00am worship at **Bethany**
 † A Small Town Is Blessed

Sunday, December 18th: 9:00am worship at **Immanuel**
 † The King Born in the Manger

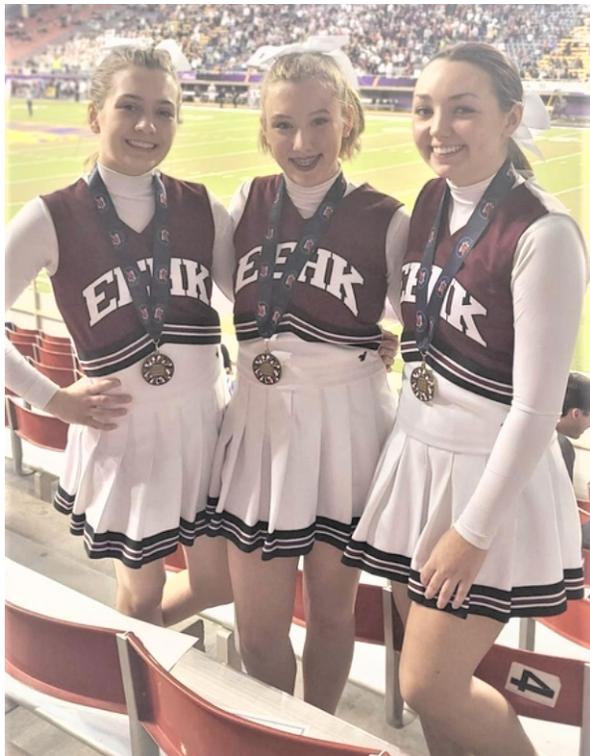
Saturday, December 24th: **CHRISTMAS EVE Worship**
 4:00pm at **Bethany**
 5:30pm at **Immanuel**

CHILDREN'S PROGRAM & WORSHIP AT THE BARN

The Children's Christmas Program & Worship is **Sunday, December 11th**, at 2:00pm at the Cottonwood Barn. Sunday School students will present the Christmas Story, we'll enjoy Christmas Hymns, and a co-op lunch will follow.



Congratulations to Shayle Young, Emily Bricker and Katie Andersen for performing at the UNI Dome at the half tim show for thr 2A and 3A Football State Championship games with the 2022 Iowa Honor Cheer Squad.



The City Council of Elk Horn met in **special session** on Monday **November 28th**, 2022, at 5:30 PM at Elk Horn City Hall with the following members present: Mayor Hansen; Councilmen Fredericksen, D. Petersen (Via Phone), Teegerstrom, and Hogberg. Also in attendance was City Clerk Chelsee Jacobsen, Clint Fichter (Via Phone), and Bruce Towne (Via Phone). Absent: K. Petersen.

Mayor Hansen called the meeting to order at 5:30 PM
Fredericksen moved, seconded by Teegerstrom to approve the agenda as presented. Ayes: 4, motion carried.

D. Petersen moved, seconded by Hogberg to approve Resolution No. 2022-11.2 approving urban renewal projects to be completed with Tax Increment Financing. Ayes: 4, motion carried.

Resolution No. 2022-11.2 – This resolution authorizes two internal loan advances that shall be effective as of November 28, 2022, in the records of the Shelby County Auditor. Internal loan advances approved for an internal loan are as follows:

- Urban Renewal Director: \$12,000.00.
- Water Project Planning and Engineering: \$50,339.00.
- Additional Washington Street Expenses: \$65,821.48
- Washington/Union/Salem Street Expenses: \$290,869.40
- Total New Internal Debt: \$419,029.88.

Teegerstrom moved, seconded by D. Petersen to approve a permanent stop sign at Washington Street & Madison Street (F-58). Ayes: 4, motion carried.

Hogberg moved, seconded by D. Petersen to approve helping fund Adam McCall's paramedic course through Iowa Western. Ayes: 4, motion carried.

Hogberg moved, seconded by Fredericksen to approve building permit for 4411 Bornholm Street. Ayes: 4, motion carried.

Discussion on the Hotel: Attorney stated if we don't have an agreement from both parties by November 30th, the Judge will set a new court date.

D. Petersen moved, seconded by Hogberg to adjourn the meeting at 6:13PM. Ayes: 4, motion carried.

Keli Hansen, Mayor Chelsee Jacobsen, City Clerk

"You will hit every cone on the highway before I let you merge in front of me, because you saw that sign 2 miles ago like I did!"

The City Council of Elk Horn met in regular session on Monday December 5th, 2022, at 6:00 PM with the following members present: Mayor Hansen; Councilmen Fredericksen, D. Petersen, Hogberg, K. Petersen and Teegerstrom.

Guests in attendance was Clint Fichter, Clerk Chelsee Jacobsen, Jerry Evans, Jeff Nelson, Adam McCall, Dave Thompson, and Chad Juelsgaard.

Mayor Hansen called the meeting to order at 6:00PM

Hogberg moved, seconded by D. Petersen to approve the agenda as presented. Ayes:5 Motion carried.

K. Petersen moved, seconded by Teegerstrom to approve November 7th & 28th, 2022, meeting minutes. Ayes: 5, Motion carried.

Hotel Update: Working with an agreement between lawyers and potential buyers. Clint will update when he hears more.

Hogberg moved, seconded by Teegerstrom to approve the claims register as presented. Ayes: 5, Motion carried.

D. Petersen moved, seconded by K. Petersen to approve timesheets as presented. Ayes: 5, Motion carried.

Hogberg moved, seconded by K. Petersen to approve the financial report as presented. Ayes: 5, Motion carried.

Dave Thompson presented the Derelict building grant program / Southwest Iowa Housing Trust Fund for his property at 4228 Main Street. Dave is requesting help from the city to submit this building for the demolition program. Teegerstrom moved, seconded by K. Petersen to approve the request. Ayes: 5, Motion carried.

FY 2023-2024 Discussion – Clint stated the city should consider future projects for next Decembers Urban Renewal plans. Council/Clint stated future street projects and housing developments.

Raises were discussed for Employees, wages will go into effect July 1, 2023, for all employees. Council will approve by Resolution at the regular January 4th, 2022, meeting.

D. Petersen moved, seconded by Teegerstrom to approve additions to the Employee Handbook for paid holidays off – Thanksgiving and the day after and ½ day off for Christmas Eve and New Year's Eve. Ayes: 5, Motion carried.

Concerns from homeowners on Union Street stated the street is too narrow for vehicles parking on both sides and to remind residents not to park within 15 feet in either direction of a mailbox. The city will look into painting curbs if the problem is not resolved.

Department Reports:

City Clerk: Utility Bills for December will be processed on January 5th with a

What is the "Worship in The Stable" program?

Eight years ago, Dain and LaJissa Niklasen started a "Worship in the Stable" where people could come and sit and participate in a simple church service, celebrating the birth of Jesus. Worship in the Stable will continue this year on Dec. 17th at 7pm. The idea of this kind of worship is to encourage people of all ages to come and sit in an old barn with animals surrounding them; to put themselves in the shoes that Mary and Joseph wore so long ago. Christmas carols are sung throughout the service and sometimes communion is given. When the service is over, hot cocoa and apple cider are passed out along with lots of Christmas goodies. Straw bales are provided for all to sit on. People are encouraged to dress warmly and bring blankets to wrap up in.

WORSHIP IN THE STABLE
December 17th at 7pm
 simple church service with the animals *
 enjoy cocoa or cider and Christmas goodies
 * Niklasen's Barn
 * 1052 250th St. Kimballton
 * 1 mile North and 1/2 West of Kimballton

Windmill News from Shaun

Another Julefest has come and gone at the windmill. Everyone worked very hard to accommodate all of the heavy traffic and ensure a very successful weekend. Thank you to everyone who stopped by to support us and congratulations to everyone who completed the annual Polar Run on Saturday. Special thanks go to Debbie and Mike McClain for coordinating the event and keeping the runners safe.



This past weekend the windmill participated in Christkindlmarket Des Moines for the fourth consecutive year. This is a wonderful German-themed Christmas market that takes place over four days every December with plenty of unique food trucks and artisanal vendors. We saw some familiar faces and made new friends who loved sampling our delicious gløgg. Our hut had a great turnout despite the cold weather and the Danish Brotherhood in Des Moines had a beautiful tree up for bid in the tree tent. Tami and Julie worked very hard to keep the hut going while Phyllis, Faye, and Jo held down the fort at home. We would like to express our warm appreciation for Kurt and Lynette Rasmussen of the Rasmussen Group for sponsoring our hut again this year. We also want to thank Lisa and Mike Riggs for all of their help in setting up and maintaining the hut over the course of the event in addition to all of the Duckfeet boots and Norwegian sweaters they sold!

We still have a good stock of Christmas ornaments, decorations, and other unique collectibles and gifts down at the windmill. Come check us out this weekend as we celebrate the Ugly Sweater Festival. You don't want to miss some great deals including a one-time only fire sale on the remaining Norwegian sweaters and Duckfeet footwear. We also still have plenty of jams, havarti cheese, hard cider, and just a few bottles of gløgg remaining. Stop on by the windmill and see everything we have to offer. God Jul!

THE IDEA HAD TO COME FROM SOMEWHERE



Being cremated is my last hope for a smokin hot body



Light up the Danish Villages!

Holiday Lights Contest

Leave your lights on for Santa's Elves
all week December 10th to 16th

Decorate your home or business with holiday lights & decorations

Send us pictures with your address for the community to vote!

Facebook @danishvillages

Awards for Elk Horn & Kimballton
❖ 1st Place \$50 Dane Bucks
❖ 2nd Place \$25 Dane Bucks
Winners announced Dec 17th

Hosted By **DVIO** DANISH VILLAGES Improvement Organization

EHK Optimist Fun Night provided FREE Hot Dogs and games for the Kids



10

SATURDAY, DECEMBER 10, 2022 AT 10 AM

Christmas Coffee & Cookie Exchange

Exira Public Library



DVIO DANISH VILLAGES Improvement Organization **Membership Drive** Join Today!

Danish Villages Improvement Organization is a local non-profit. Your membership supports our community through events, economic development, beautification, and other future projects.

Scan the QR code to join now!



Individual | \$35
Business | \$35
Event Sponsor +\$60

For more info contact : Klare Chapman, Jodee Dixon, Dave Thompson, Emily Paulsen, Peggy Mortensen, or Bob Mortensen

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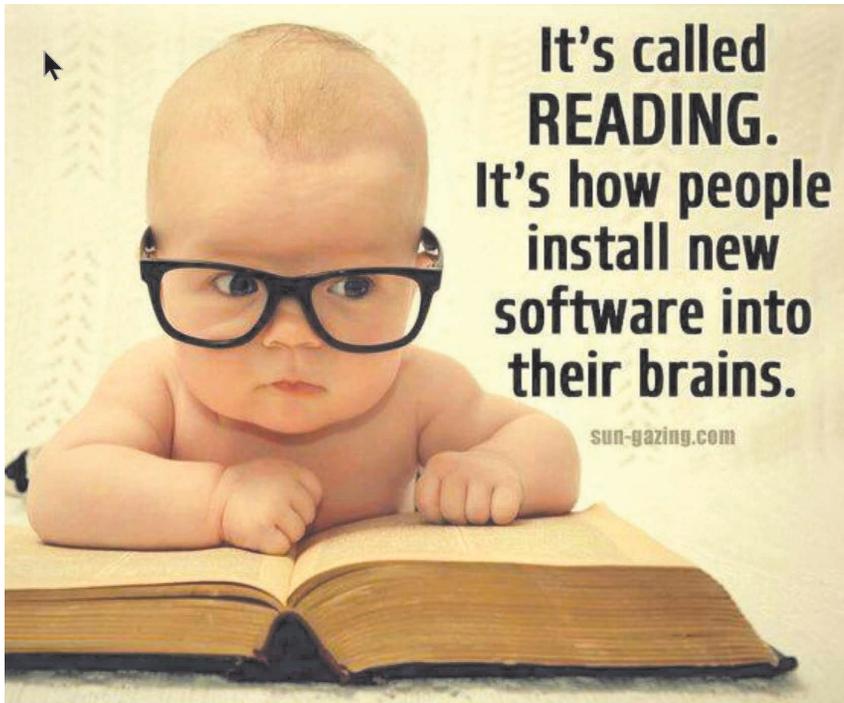
COOKIE EXCHANGE

Simplify your holiday baking at our annual Cookie Exchange! Bring 4 dozen of one kind of cookie, bar, or candy, and an empty container to take home a flavorful assortment. It's a wonderful way to stock up on some delicious Christmas treats for all your holiday entertaining coming up. All ages of bakers welcome with an adult! Exchange starts at 10am on Saturday, December 10th! Be sure to check out all of the other fun events happening during the Ugly Sweater Festival today, too!



PIRATES - Ahoy there, mateys! We had ourselves a pirate theme during the month of November at the Elk Horn Public Library. The kids set sail in many books that we read and found lots of treasure. Thee mates painted treasure boxes, and then played Pirate Bingo winning gold coins (pennies) to fill their boxes up with. The kids drew a treasure map of where their treasure would be buried in their own backyard.

These ornaments are REALLY nice. Stop at The Quilt Shop to see a display.



Memory Tree Ornaments 2022

\$10.00

The Legend of the Cardinal
It has been said that when a cardinal appears, it is a gentle reminder of a loved one who has passed. Although they are no longer with us, they remain forever cherished in our hearts. The fond memories we shared; the love that filled our lives with them will never part.

The Legend of the Turtledove
Turtledoves can soothe the soul or ease a troubled mind. So when it comes to Christmas this bird's a treasured find.
It removes our faith and spirit, and gives blessings throughout the year. So this turtledove is a symbol that love is always near.

To Purchase
Contact the Business office
712-764-4201
Salem Lutheran Homes & Rehab
Elk Horn, IA



Our Spartan Youth Leadership Club helped set up for the Exira Festival of Lights at the Event Center this past week. "Our student members worked hard by setting up tables, chairs, stuffed Christmas bags with treats, strung lights on many Christmas trees, made ornaments, and much more! The Community Club appreciated all their help. Plus it was a lot of fun for our kids!" expressed Lisa Dreier, Youth Leadership Club sponsor.

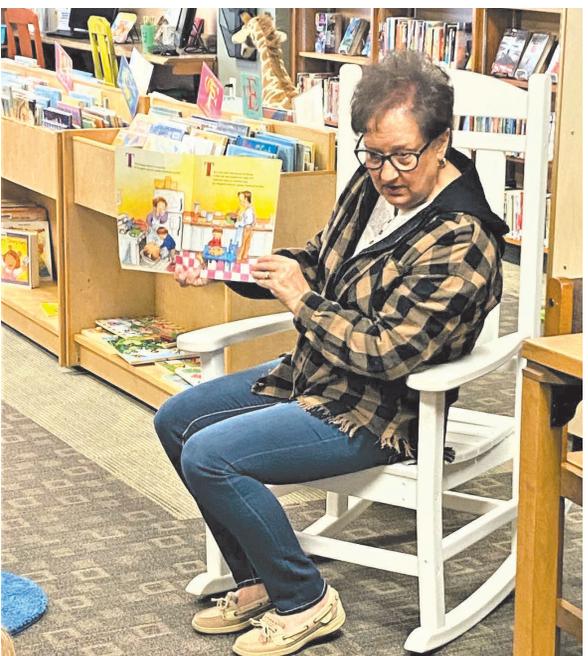


I would not want to pay this electric bill !!!



A look inside the Exira Library

At Story Time we had a very special guest reader, Mrs. Bintner!! The kids had so much fun and absolutely love her! She read them a book about hibernating in the winter, and a book about a special Thanksgiving dinner. The kids each got to pick out what foods they wanted to put on their Thanksgiving plate for a craft. Thanks again Char, it was a great day!



Last Wednesday this group gathered to talk about the book *The Guest List* by Lucy Foley. Have you ever been a part of a book club? Have you ever wanted to try it but didn't know what to expect? Come and check it out with us! We are a very laid-back group that like to read good books and get together with friends to talk discuss the story!

We provide light snacks and wine. Join us for our next meeting, December 14th at 5:30pm to discuss *Let It Snow* by Nancy Thayer. We have copies at the library for check out!



Axlie was the lucky Story Time kiddo that got to take booker home last week! It looks like they had a lot of fun decorating their Christmas tree together!



Protect Your Health and Others During Respiratory Virus Season

There has been a sharp increase in three respiratory illnesses locally and across the country. You may have heard of this as a “tridemic” or “triple-demic.” The new term refers to the threat of flu, RSV and Covid-19 for all ages. It is important to try to prevent you and your family from getting sick, especially around the upcoming holidays.

Symptoms & Treatment

Influenza is primarily a community-based infection that is transmitted in households and community settings. Each year, 5% to 20% of U.S. residents acquire an influenza virus infection, and many will seek medical care.

Influenza symptoms usually come on very quickly and may include:

- Fever
- Headache
- Extreme tiredness
- Cough
- Sore Throat
- Nasal Congestion
- Body Aches

People with the flu are generally contagious one day prior to showing symptoms through the next 5-7 days. Isolating during this peak stage of the virus helps to stop its spread through the community (I moved this line). Flu viruses can live on surfaces for up to 48 hours.

COVID continues to circulate, and symptoms for most people are mild to moderate, but some people may still become seriously ill and need hospitalization.

Possible COVID-19 symptoms include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

People with COVID may be infectious up to two days before they become ill and as long as 10 after their symptoms start. The virus that causes COVID may still make people sick for up to 3 days.

RSV is a common respiratory virus that usually causes mild, cold-like symptoms. Most people recover in a week or two, but RSV can be serious, especially for infants and older adults.

Symptoms of RSV infection usually include:

- Runny nose
- Decrease in appetite
- Coughing
- Sneezing
- Fever
- Wheezing

People with RSV may be contagious a day or two before they start showing signs of illness and stay contagious for 3 to 8 days.

RSV can survive for many hours on hard surfaces such as tables and crib rails. Whether you have the flu, RSV, or COVID, the advice would be the same – early symptoms such as fever, headache, body aches, and sinus pain can be treated with over the counter medicines such as pain-relievers like ibuprofen or acetaminophen. When battling an illness, get enough sleep, drink plenty of fluids, manage symptoms, and stay away from others. Be smart and keep an eye on your symptoms’ worsening. There are multiple factors that come into play as to whether a patient should be seen by a medical provider for any of these illnesses. If a person has any shortness of breath or breathing difficulty, they should seek medical care right away.

w

Stop the Spread and Prevent Illness

Here are some ways to increase your chances of staying healthy and preventing illness:

- Follow a healthy diet, exercise, and get at least 7 hours of sleep per night.
- Routinely clean commonly touched surfaces in your home/work space.
- Wash your hands frequently with soap and water. If you are not able to wash your hands, use hand sanitizer.
- Stay at least 6 feet away from people outside your home.
- Stay away from people who are exhibiting signs of illness.

If prevention fails and you become ill with respiratory symptoms, please follow the guidance below:

- Stay home and separate from others as much as possible (isolation).
- Wear a mask around the house to protect other household members. The mask must cover your nose, mouth and chin.
- Use a separate bathroom, if possible.
- Cover your coughs and sneezes.
- Take steps to improve ventilation at home, if possible.
- Do not share personal household items, like cups, towels, and utensils.
- Clean surfaces that you have touched.
- Monitor your symptoms. If you have an emergency warning sign (like trouble breathing), seek emergency medical care immediately.
- Do not travel or visit people who may become seriously ill.
- Call your medical provider to ask about treatments that may be available to you.

As a reminder, it is not too late to get a vaccine for flu and/or covid-19, including the bivalent booster. Call Myrtue Medical Center Public Health Department at 712-755-4422 or Myrtue Medical Center Central scheduling at 712-755-4516 to make an appointment to get a flu or Covid vaccine.



TAMI (DEIST) FAHN – ARMY

Sometimes being a farm girl growing up in Iowa leads to unexpected surprises. Tami is an example of just that kind of surprise. Being the youngest of six she had watched her older siblings help with chores on the farm. Her brothers would vouch for the fact that she was a tomboy through and through. She didn't take a backseat to anyone when it came to help-

ing with the hogs, cattle, and chickens. Every day before school she had chores to do. After school, once again, she was outside helping – rain, shine, cold, or hot – she assisted with chores.

During her early high school years, she was captivated when she attended her brother's graduation ceremony at the conclusion of his National Guard training. The decorum, the precision, the patriotism all touched her in an unexpected way. For the first time she wondered if the military might be a career choice that would fit her well. During the summer following her junior year in high school she talked with an Air Force recruiter. She became more convinced that the military was indeed a viable option. She decided not to sign up for the Air Force until she had an opportunity to compare what the Army had to offer. After visiting with the Army recruiter, her decision was made. She'd go Army. She signed up for four years. Her parents were in for quite a surprise when she came home and told them what she had done. They calmly accepted her decision and supported her every step of the way.

During Tami's senior year, she went to Council Bluffs once a month to participate in a delayed entry program. Three of her Audubon high school classmates also signed up for the military during their senior year.

Fort Leonard Wood in the summer had more than its share of heat and humidity—not to mention snakes. During bivouac she constantly was on the lookout for water moccasins and cottonmouths. In Basic Training and Advanced Individual Training (AIT) the males and females were together. In Basic Training Tami was one of 20 females; in AIT she was one of 12. One of the physical requirements for males in Basic was to do 60 pushups in two minutes. To the drill instructor's surprise, Tami maxed out on the male chart very quickly. 60 pushups in two minutes—accomplished. One of the drill sergeants asked how she could max out on male standard for pushups. Her response – “Sgt, I live on a farm where I help with hog chores, cattle chores, and moving haybales every day. That gives me excellent upper body strength.” Her answer was accepted. Halfway through Basic Training Tami was chosen as guideon bearer for 2nd Platoon Recon to carry the flag for marches and at the graduation ceremony.

In AIT Tami was trained as an 88M – Motor Transport Operator (AKA truck driver). Near the end of training, she became ill and was diagnosed

with walking pneumonia. To her great disappointment, she was told by Army officials it would be necessary for her to take a two-year medical leave. After that time, she could return and pick up where she left off. It was with sadness she watched her entire unit prepare for departure to Germany, a country she had always dreamed of seeing.

During Tami's healing time, she met Zach Fahn. She made the choice to get married and not return to the Army. Although her military story did not end as she had expected, she has one piece of advice for others. She believes every young person would benefit greatly from going through Basic Training. The discipline, rigor, and skills learned will be beneficial for life.

JUST THINKING

We have reached the time of the year when that four-letter word (snow) reappears in our thoughts and weather forecasts. There are those of us who are not the least bit happy about this. And there are others who are waxing their skis or tuning up their snowmobiles with glee. Kids are waiting for enough snow to fall for sledding and snowman making.

And winter does present an opportunity to observe our natural world in an altered state. I wonder how many of us have taken a walk in the woods just before sunup after an overnight snowfall.

That fresh snow serves as an acoustic blanket lowering the volume of the natural world. It almost seems as if the world has stopped. But the tracks of the rabbits and racoons belie that idea. And in that quiet you begin to notice sounds that normally would escape your attention.

The soft sigh of the breeze wafting through the trees seems like Mother Nature breathing. You can hear the flutter of bird wings as they begin to greet the new day. You might hear the faint rustle of some unseen small creature moving beneath the fresh snow. These sounds reassure you that the world is still very much alive. But it is when the caress of the rising sun frees the frost crystals from the branches above that the world is filled with thousands of sparkling diamond lights.

And in that moment, once again, that the world becomes as wondrous as when you were three.

Although snow can cause us problems, if we look for the beauty it can bring we will say its worth it.

Bob Mortenson 11-11-22





Once again...
The Exira has demonstrated the rewards of community involvement



The big Christmas tree on Main Street is up!! Thank you so much to all of our volunteers (Matt Mills, Paul Kautzky, Tony Young, Garrett Wilson, Nathan Wahlert, Aaron Andersen, Mike Huegerich, Brett Christensen and equipment/vehicles provided by: Wilson Ag Supply, MTS, Kautzky Tree Care, Exira Plumbing & Heating, Kenfield Automotive, The Iron Shop, & Patriot Post Frame, LLC). We couldn't do this wonderful tradition without you!! And a big thank you to Donnie and Ranae Schlater for donating a huge, perfect tree! Remember the tree lighting will be 7 PM next Saturday, December 3rd during the Festival of Lights!



William Roy Turpin

Oct 15, 1934 - Dec 4, 2022

In Memory

I lost a dear friend this past Sunday. Bill Turpin received his promotion to his heavenly home and we are all so thankful for his life and the glory he gave God. He and Treva have run the Bethany Camp for 27 years near Brayton, after retiring from official missionary work. They have continued to do their missionary work at Bethany with Bible camps each summer, Kids for Christ, and Bible studies, among other things. The funeral service will be at Bethany on Saturday afternoon at 2:00 as we honor his life, one that glorified God. Thanks Bill for your witnessing and love that you passed on to all who knew and loved you, including me.

Deb Bieker

***The Rye Bread Lady Says....***

Fresh rye bread available at the Egg Crate on Wednesdays and Saturdays. Made with stone ground rye from the Danish Windmill. Always fresh
Never frozen



To special order rye bread, please call 712-304-3606.

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WEDNESDAY, DECEMBER 21, 2022 AT 10 AM

Chair Yoga with OM' Crystl McCall

Elk Horn Public Library

Ek Horn Council minutes continued from page 7

due date of January 25th due to the City Clerks vacation. Streets: MidAmerican Energy has been notified to fix the streetlight at 4238 Main Street.

Water: Well #9 has been fixed. Chelsee will work with Clint to get new easements for our wells.

Solid Waste: Larsen Sanitation has not been consistent in submitting bills, Chelsee will reach out to Larsen Sanitation.

Pool/Park: Snyder & Associates submitted the new pool house design and cost of \$356,000. Clint will fill out the Iowa West Foundation grant. Chelsee/Jeff/Adam work on a redesign to try and lower the cost estimate. Pool manager job will close December 21, 2022.

Fire & Rescue: The paramedic course starts January 12th, 2023. Hogberg moved, seconded by D. Petersen to approve Adam to spend up to \$1500.00 on a laptop for the Fire Dept and Classes. D. Petersen moved, seconded by Fredericksen to reimburse Adam for mileage while taking the course and allowing him to be paid for Thursday classes. Ayes: 5, Motion carried.

Library: Annual library report was presented. In the year of 2022, the library had 4,823 patrons visit and 2,427 kids attend library programs.

K. Petersen moved, seconded by Teegerstrom to adjourn the meeting at 7:52 PM. Ayes: 5, Motion carried.

Robert Kite

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F: 712-773-2113 Kimballton, IA 51543

Words of Wisdom from Troy:

Don't irritate old people. The older we get, the less "Life in prison" is a deterrent.

Elk Horn Office
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Elk Horn, Iowa 51531
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Fax: (712) 764-2247
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Ugly Sweater Festival

FIRE STATION

Breakfast 7:00 - 10:00
Santa by DVIO 8:00 - 10:00

TOWN HALL

Vendor Fair 9:00-1:00

LIBRARY

Christmas Train Display 9:00-11:00
Cookie Walk 10:00

*Ugly Sweater
Photo Ops*

MUSEUM OF DANISH AMERICA

Photography Workshop 1:00



Hot Chocolate Booth

Elk Horn Explorers
4-H Group



Surprise Snowman Visits

WEAR YOUR UGLY SWEATER & RECEIVE FROM THESE BUSINESSES:

- Copenhagen Friday - half off mini Ugly Sweater
- The Danish Windmill - free Windmill tours
- The Egg Crate - enter a drawing for a gift certificate
- Danish Countryside Vines & Wines - free wine tasting
- The Kringle Man - pastries for sale
- Old Danish Workshop - handmade wooden items for sale

Grace on Main
Specialty Drink and
Ugly Sweater Contest at
1:00 with prizes for 1st,
2nd and 3rd place

The Norse Horse
Ugly Sweater
Contest at 7:00 with
prizes for 1st, 2nd
and 3rd place

December 10th in Elk Horn



*Beware:
The Grinch may be lurk-
ing in the Fire Station*



An enjoyable night at the library for our **monthly Outlook Study Club meeting**. Phyllis Hoegh demonstrated how she makes Pebernødder and shared a delicious goodie bag with each member to take home. Then we all worked together to create scarecrow pudding cups to deliver to the Salem Lutheran Home residents for a treat. Thank you to Mardell Walter and Muriel Petersen for donating towards the supplies.

Joni Griffin teaching us how to make scarecrow pudding cups for the staff at Salem Homes



Phyllis Hoegh teaching how to make Danish Pebernødder



**AYZLEE'S
FLEECE TIE BLANKET DRIVE**

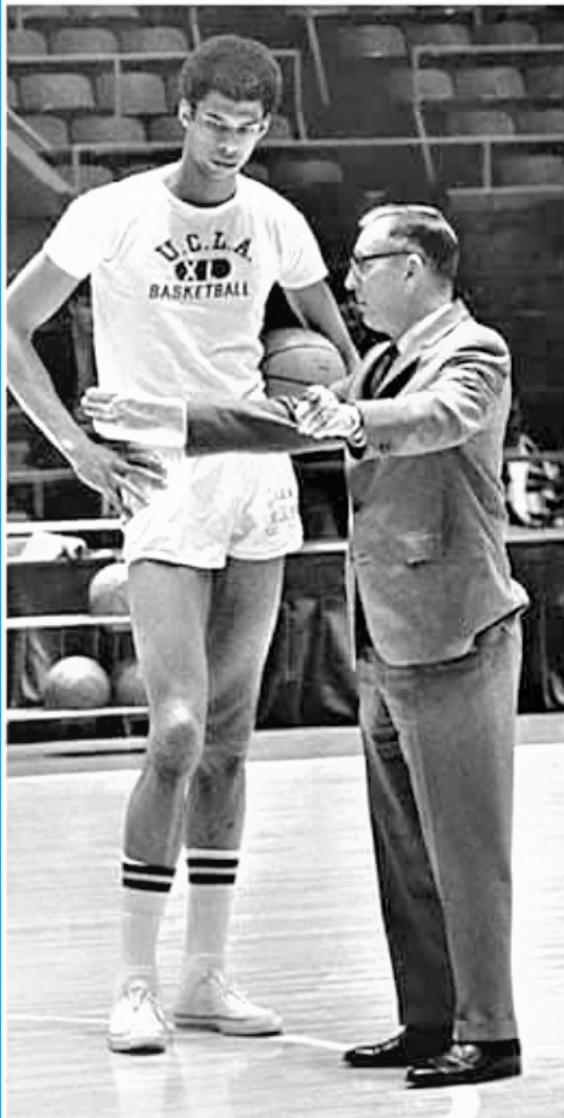
WHEN: NOVEMBER 2022 THROUGH DECEMBER 27TH

DROP OFF LOCATIONS:
ELK HORN LUTHERAN CHURCH
MARNE ELK HORN
CONNIE'S BEAUTY BAR (AFTON)
MCCARTHY-RESIDENCE

**IN HONOR OF AYZLEE'S 11TH BIRTHDAY, DECEMBER 16,
WE WOULD LIKE TO DONATE NEWLY MADE FLEECE TIE BLANKETS TO
LYDIA HOUSE AND CASS COUNTY MEMORIAL HOSPITAL**



A picture is worth a thousand words



Confuse your doctor by putting on rubber gloves at the same time he does.

I went line dancing last night. OK, it was a roadside sobriety test... same thing.