



Rolling Hills Community News

Exira
Elk Horn
Kimballton
Brayton

June 23, 2022



There are three

Volume 2 - No. 12

The mystery of:
"The Hiding Elk Horns"
In the June 9 paper

These Elk horns are hiding somewhere in this publication It may be small, large, transparent...



Pg 3:
lower left picture:
Windmill lego

pg 20
lower left picture
Table cloth

Taking a **BREAK**



NOTICE:
We will be taking a summer break..
We will return with the August 11 publication
American Legion Post 322
Lanny Olson
Post Commander

We publish on the 2nd and 4th Thursday of the month.

Deadline for content is the **SUNDAY BEFORE**.
We REALLY APPRECIATE the content you have been sending. We would ask that you try your best to get it to us by the deadline - Earlier is MUCH appreciated.
Please send your content in digital form to our email: content@rollinghillsnews.net. We would appreciate:

- Content pictures sent as an attachment
 - Text can either be in the body of the email or as an attachment.
 - Text in Microsoft Word or similar format.
 - Include contact information to resolve any issues
- Questions? Contact: Steve or Dusty Turner: (712)764-3441(home) (510)205-8840 (Steve's cell)



The beliefs and opinions of submitted content should not be construed as reflecting the beliefs or positions of Rolling Hills News.

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NEW



1925 Littlefield Dr. Exira - \$329,500

Here's your rare opportunity to own a newer acreage on a paved road close to town. This 4 bedroom, ranch style home sits on over 2 acres and features a 3 car garage (added in 2017) and a huge backyard with plenty of room to have some animals or a wide open playing field. The master suite has 2 closets plus a bathroom with walk-in shower. Main floor has all been repainted in the last year as well as new carpet, some windows and the south side of the roof was just replaced. The new vinyl siding and gutters provide for easy outdoor maintenance. The kitchen features all newer stainless steel appliances and a closet/pantry that does allow for main floor laundry. The basement has a fun family room with a moveable bar- great for entertaining and a 4th bedroom with an egress window. There's loads of storage in the other half of the basement along with washer/dryer, another sink and shower, and stairs that lead to the garage for easy access. The house will be hooked up to rural water (currently well water) and has a private septic. This one is sure to be a crowd pleaser and won't last long! Call Abby today for a tour @ 712-249-1311.

HOMES: AUDUBON:

- 201 Scott St..... **NEW - SALE PENDING**
- 710 Brayton St. **SOLD**
- 105 3rd Ave..... **SOLD**
- 806 South St. **SOLD**
- 315 Leroy St. **SOLD**
- 405 2nd Ave..... **SOLD**

EXIRA:

- New Building. 102 E. Washington St. **NEW - \$78,000**
- 510 E. Washington St..... **COMING SOON**
- 207 W. Harrison St. **SALE PENDING**
- Viking Addition Lots **4 LOTS REMAIN**
- 206 N. Fairview St. **SALE PENDING**

ELK HORN

- 4205 Madison St..... **NEW - SALE PENDING**
- 4001 Main St. **NEW - \$325,000**
- 2114 Washington St. **SOLD**
- 2113 Park St. **PRICE REDUCED - \$260,000**
- 4411 Main St..... **\$135,000**
- 2021 Elm St..... **\$159,000**
- 4302 Main St. **SALE PENDING**
- 4129 Sjaeland St..... **SOLD**

IRWIN

- 512 Harmon St..... **PRICE REDUCED \$136,000**

ACREAGES:

LIST YOUR ACREAGE WITH US!

- 1925 Littlefield Dr., Exira..... **\$329,500**
- 2756 190th St..... **NEW - SALE PENDING**
- 1350 280th St., Exira **\$300,000**
- 529 Umbrella Rd., Walnut **SALE PENDING**
- 63373 Pella Road, Atlantic **SALE PENDING**

WE NEED NEW FARM LISTINGS

We would love to list your home, acreage, or farm! Give us a call today!

EHS Annual Alumni Coffee

SUNDAY, July 3, 2022
Exira Elementary School

Exira

2:00 P.M.

Coop Lunch

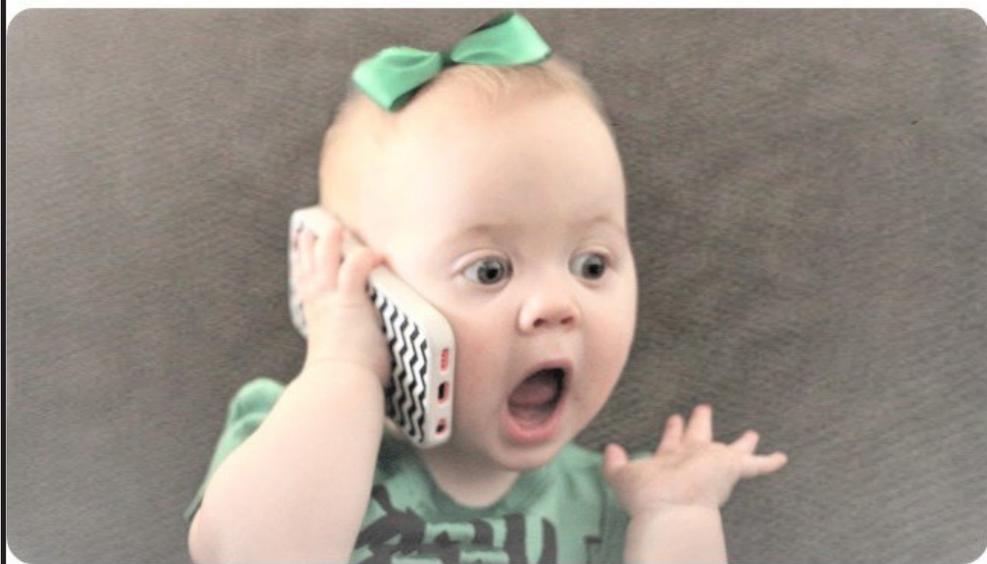
Class of 1972 Honored
Guests welcome

Donation appreciated to cover expenses

So..

*Today at church a guy in a suit tried to drown me..
And I kid you not..*

My family just stood there taking pictures !!!



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*If you think you are too small to make a difference...
Try sleeping with a mosquito..
Dalai Lama*

***Kristi McHugh RETURNING for 2 nights
Comedy Night at The Norse Horse Tavern***

***Tickets on sale now
watch facebook for further information***

**Friday - August 5, 2022
Saturday - August 6, 2022
Shows start at 8:30PM
21 and over.**

Presale tickets are available for \$17, or \$23 at the door. Tickets are sold to maximum seating. Please call (712) 764-6646 to buy tickets or for any questions. The NoHo is looking forward to another awesome turnout.

Kristi McHugh is a Hollywood comedian, actor, and writer with Midwestern roots. She started out her career playing the Laff Shack in Okoboji, but has since been seen at the Comic Strip Live in New York, the Ice House in Pasadena, and the Hollywood Improv. She has shared the bill with stars such as George Wallace, David Brenner, Drew Carey, and Arsenio Hall. Kristi has also appeared in the films such as Disney's Jack of All Trades and Ace Bigelo, Male Gigolo with Rob Schneider. Her television credits include The West Wing, Discovery Channel's Scene of the Crime, Spike TV's I Hate My Job, and the upcoming More Kristi, Please. Kristi can also be found on Twitter, Instagram, and Facebook, usually cheering on her beloved Iowa Hawkeyes.

THE NOHO PRESENTS...

**Stand up
Comedy Night**

**with
Kristi
McHugh**

This Midwestern girl may have started with shows at the Laff Shack in Okoboji, but now both a movie and tv actress, she performs at the Comic Strip Live in New York and the Hollywood Improv. Here in Elk Horn one night only!



Scratches From the Rusty Quill

By Wava Petersen

You might want to label this article “Hodgepodge,” a term Roget’s Thesaurus refers to as “stew, hash and jumble.” That’s sort of how I think of the past 30 days or so. The weather is just one example. We’ve stewed in the hot, humid upper 90’s and shivered on some frigid mornings. May 22 at 6:15 a.m. it was 34 degrees and ice covered the table on the deck. I had to make sure I wasn’t seeing things so I donned a sweatshirt and braved the cold to scrape my fingernails over the glaze. Yes, it was ice. As I reentered the house, I glanced out the window just as an oriole landed on the deck table and skidded about two inches before coming to a stop. From furnace to air conditioner on many days! From drought to a few generous rains, well, that’s life in Iowa.

After hardly going anywhere for many months I found myself attending several funerals and other events including a Johnson cousins’ reunion at Spirit Lake. It was a cold, rainy day but several of us braved the elements to enjoy a ride on the Queen II. Many of us have fond memories of riding around Lake Okoboji on the earlier Queen and the Saturday night visits to Arnolds Park. The amusement park still exists but in a somewhat different form. Remember the funhouse? And the guy who operated a lever that pumped jets of air up through conveniently located holes in the boardwalk when you entered. His aim was deadly and he knew just when to operate that lever to send ladies’ skirts billowing over their heads. The funhouse was demolished in the park renovation but the sugar bowl, the barrel and the tall slide have been preserved in a museum. For a dollar you can still enjoy a breath-taking zip down that relic.

My mother was raised, along with 3 brothers and 5 sisters, in the Iowa great lakes area. There were 29 of us first cousins. Twelve are deceased. I was born in the middle of the pack. Only two of the remaining cousins are older than I am and it made me feel rather ancient and decrepit to be the oldest person at the reunion.

The past month also saw my two oldest great-grandchildren graduate from high school, both with high honors. The one in Columbia, MO also received her associate degree from a local Jr. college a week before her high school ceremonies. Forgive a bragging great grandma but I am quite proud of them. I didn’t attend either ceremony, too much travel, too much walking.

I stayed home and took care of little Sophie, my grand-dog while her humans went to the Iowa City commencement. Sophie thinks she’s also human and expects to be treated that way. First time in my life I ever slept with a dog in my bed.



Speaking of pride, I am reminded of a verse in the Bible: Pride goeth before destruction and a haughty spirit before a fall - Proverbs 16:18

Years ago when our girls were still small we were heading for our car after a night at the county fair. As happened so often during county fair time there had been a shower and we were trying to avoid the puddles.

We came onto a small group of people gathered around a magnificent horse with a rider sitting tall in the saddle. Both horse and equestrian were exquisitely dressed for the show ring; the man wore a spotless white suit, all spangled and bangled as was his horse. He was impressing his audience with the intelligence and skills of this super steed. To demonstrate how quickly wonderhorse could come to an abrupt stop, he trotted off several yards, then came galloping back full speed. Reining in his spirited mount directly in front of the crowd he brought the horse to an immediate stop. The stop was impressive but the grass was wet, and the horse reared up abruptly while his back feet kept going. The unfortunate animal sat down and scooted several more feet on its rump. The proud horseman in the white suit lost his grip, slid off the horse’s back and landed ker-splat on his fanny in a mud puddle. The moral of the story? There is a lot of common sense in the book of Proverbs, especially in Chapter 16, Verse 18.

Have a great 4th of July but keep it safe and sane. Enjoy the rest of the summer and God-willing we’ll be back in print again in August after Rolling Hills News returns from a summer break.

Pumper Tales from DC

Found out the Powerball Jackpot tonight is a tank of gas, 6 rolls of toilet paper and a sheet of 1/2” plywood. Good luck!



“Farming looks mighty easy when your plow is a pencil and you’re a thousand miles from the cornfield.”

Dwight D. Eisenhower.

“Kindness is a language which the deaf can hear and the blind can see.”

— Mark Twain

YES, THERE IS GOOD NEWS!

When the angel first appeared to Mary, the mother of Jesus, he told her that she would give birth to a male child, one who would be “Son of the Most High”. The angel said that His name was to be Jesus and that the Lord God would give Him the throne of His Father David. And then she was told this, “He will reign over the house of Jacob forever and of His kingdom there will be no end.”

In our previous article I mentioned that Jesus taught extensively about the “good news of the Kingdom”. I mentioned that His ways are perfect and then asked the question, “So what is this Kingdom of God all about?”

When we consider what might be most important for Jesus to teach, we may think of the word ‘love’; and we understand that this is very much at the forefront of His mind. But if we consider how frequently Jesus used a word, we would count 72 times that the word ‘love’ appeared on His lips in the four Gospels but the word ‘Kingdom’ appears 108 times in His teachings. The people of His day understood that love was an important concept; after all they had in the Torah the two most important commandments, love for God and love for their neighbor. But the concept of the Kingdom of God was not that readily apparent to them.

They could look into their history and recall tales of the Kingdom of Israel and of Judah. The scrolls that were read every Sabbath were replete with these stories. And of course the prophets told about the Kingdom of God that was to come. In fact the prophet Isaiah put it this way, “For to us a Child is born, to us a Son is given... Of the increase of His government and peace there will be no end. He will reign on David’s throne and over his Kingdom.” (Isaiah 9:6-7) These words are reminiscent of the very words the angel spoke to Mary that were mentioned above.

The first time the word ‘kingdom’ is used in the gospel accounts it is spoken by John the Baptist, “In those days John the Baptist came preaching in the wilderness of Judea, ‘Repent, for the kingdom of heaven is at hand.’” This first time we find this word on Jesus lips, He says this, “From that time Jesus began to preach, saying, ‘Repent, for the kingdom of heaven is at hand.’” Yes the same phrase is used by them both – indeed it was a very important point to be made.

How much do you know about the Kingdom of God or as Matthew put it, “The Kingdom of Heaven? What will it look like? Does it exist today? And if it does where is it?”

Matthew tells us that “Jesus went throughout Galilee, teaching in their synagogues, preaching the good news of the kingdom and healing every disease and sickness among the people.” (Matt. 4:23) It is within the Kingdom of God that we really discover the “good news”. And remember the word ‘gospel’ is defined as ‘good news’.

“Blessed are the poor in spirit, for theirs is the kingdom of heaven.” (Matt. 5:3) And so now we know a little something about this ‘Kingdom’!!

Bill Rollins 6-15-2022

IT'S ONLY SCIENCE

The paper is taking a break from publishing until August so here is something to ponder until it is back. Let us talk about leverage.

Leverage can be described as the ratio between the distance traveled by the force applied and the distance traveled by the object moved. It can also relate to the difference in the relative speed between the force and the object.

When you pull a nail with a claw hammer your hand moves about four times the distance than the nail moves. Your leverage advantage is a ratio of 4 to 1. And your hand moves 4 times faster than the nail moves. In this case the speed ratio is also 4 to 1. This example is what most people consider to be leverage. There are other ways of moving things without a “lever” that are actually forms of leverage.

A good example is a simple block and tackle. With a single loop or lay as riggers call that, the force applied moves twice the distance that the object moved does. Your ratio of force applied is one half that of the weight moved. If we add another lay to the block and tackle, now the ratio is 4 to 1. And once again there is a difference in the speed of the object and the speed of the force applied.

This can also relate to mechanical leverage. If you are applying force to a gear that has one fourth the diameter of the gear that is driving a device, you have a 4 to 1 ratio. The force applied to the small gear is one fourth of the force the large gear is producing. But of course, the small gear is turning four times faster than the large gear.

Think about the many ways that you make use of leverage in your lives every day. Many of us never recognize how often the use of leverage makes our lives better.

by Bob Mortenson 6-11-2022

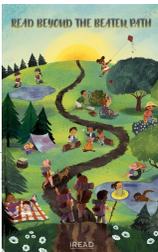
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JULY 2022 READ BEYOND THE BEATEN PATH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
	4 CLOSED FOR THE HOLIDAY	5 Backyard Bass Fishing 1pm	6	7 Wines & Spines Book Club at the Winery 7pm	8	9 Smoker Workshop with Dave Witt of Audubon Ace Hardware 11-1
10	11 Family Hike Night 6:30pm	12	13	14 Cookie & Cake Decorating with the Lavender Lamb 6:30pm	15	16
17	18	19 Fish Farming 1pm	20 Summer Storytime 9:30am	21	22 Outdoor Movie in the Park Begins at dusk	23 Painting Class 10am kids 1pm adults
24/31	25 Free Monday Movie Matinee w/popcorn 1pm	26	27 "BeTWEEN the Lines" Book Club for 4 th -8 th graders 1pm	28	29 Girls Camp Out in the Library Fri 4:30pm - Sat 11am	30 



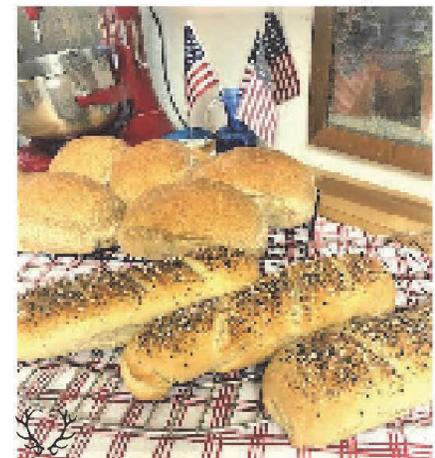
AUGUST 2022 READ BEYOND THE BEATEN PATH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Summer Storytime 9:30am	3	4 Wines & Spines Book Club at the Winery 7pm	5 Boys Camp Out in the Library Fri 4:30pm - Sat 11am	
7	8 Drones with Keith Menter 1pm	9	10 Family Hike Night 6:30pm	11 Dutch Oven for Kids 1pm	12	13
14	15 Free Monday Movie Matinee w/popcorn 1pm	16	17 "BeTWEEN the Lines" Book Club for 4 th -8 th graders 1pm	18	19 Pool Party & Outdoor Movie in the Park Begins at dusk	20
21	22	23 BACK TO SCHOOL!	24 	25	26	27
	29 	30	31			

The Rye Bread Lady Says....

Fresh Ryebread available at the Egg Krate. Made with stone ground rye from the Danish windmill. Delivered on Wednesdays and Saturdays. Always fresh. Never frozen.

Introducing Italian bread in June. Delivered fresh on Saturdays.



Pre-ordered frosted cinnamon/raisin rolls and caramel pecan rolls also available. Special orders are always welcome. Please call ahead to 712-304-3606.

Summer is officially here, and this year's summer theme is "Read Beyond the Beaten Path". From now until early August, all ages will have the chance to read, participate in library events and earn prizes while doing so!

Visit the library to pick up a reading log or BINGO sheet and track your reading and activities to earn book bucks or raffle tickets. All ages can participate – from little ones being read to, all the way to adults. We have many fund items in our "library store" to purchase by using your book bucks and earning raffle prizes for adults.

If you haven't stopped in yet, it's not too late! We have many upcoming programs and events happening all summer long! Choose from storytimes, book clubs, adult Pinterest night, outdoor movies, hike nights and more! A full schedule of events and details can be found on our website, Facebook or Instagram page.

some of the summer events so far at the library include

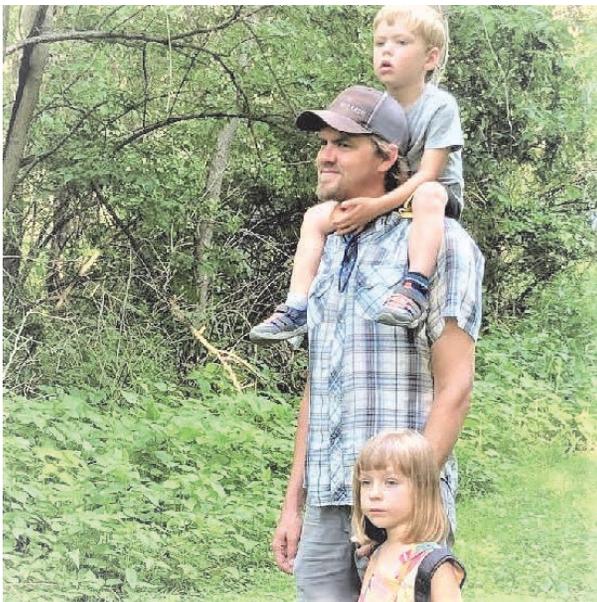
Magician Jeff Quinn



Insects with Chrisina Roelofs, Shelby County Naturalist



Hike Nights with Christina Roelofs at the Elk Horn Creek Recreation Area (aka the Grove)



Adult Pinterest Nights

**Watercolor Bookmarks
with Sharlot Steen and Rae von Holdt**





ELK HORN, Iowa - The Museum of Danish America is planning to hold a midsummer festival, Sankt Hans Aften, on the evening of Saturday, June 25. The public is invited to attend; admission is free.

The event is styled after a Danish, Christian celebration that has pagan origins. Sankt Hans Aften literally translates to “Saint John’s Eve” – the evening before the feast day of Saint John the Baptist, and it occurs around the time of the summer solstice. However, cultures all around the world celebrate essentially the same things. Most observances include the elements of fire and water; both of which will be present in MoDA’s Jens Jensen Prairie Landscape Park.

“It’s essentially a community hangout night,” said MoDA Archives Manager and Outreach Associate Cheyenne Jansdatter. “And it very much embodies the principle of hygge.”

Hygge is a Danish word which was officially adopted into the English language in 2017. It describes “a mood of coziness and comfortable conviviality with feelings of wellness and contentment.”

EVENT SCHEDULE

5 PM FOOD A picnic supper will be served for a free-will donation. Guests are welcome to bring their own beverages, seating, and activities, if desired. The museum will also furnish some lawn games and the supplies to make s’mores or snobrød (campfire bread-on-a-stick) throughout the evening in its Hansen Council Ring.

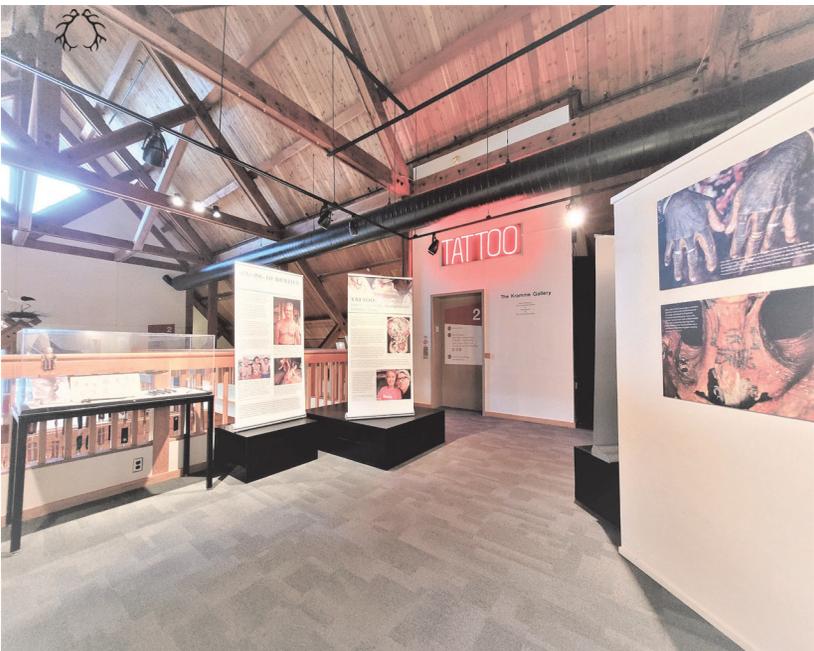
5 PM Although food and games are not allowed within the galleries or Design Store, those indoor spaces will be open with free admission from 5 – 6 pm. Debuting at the festival will be the art exhibition “Celebrating My Heritage,” a collection of paintings by Roger Nielsen which explores Danish heritage and history.

6 PM SPEECHES As is (Danish) customary, remarks and words of wisdom will coincide with the festivities. Note: the Museum of Danish America makes no endorsement of any particular religious or political ideologies. All are welcome!

7-8:30 PM LIVE JAZZ Bill Kearney of Harlan is assembling a jazz combo specifically for this event.

9 PM BONFIRE When the sun finally sets at one of the latest points of the year, a bonfire topped with a traditional Sankt Hans Aften witch effigy will be lit. This component of the event is the most iconic element of Danish midsummer celebrations.

Should the weather be less than ideal for gathering outdoors, the event will be reformatted inside the museum. This event is made possible with the financial support of sponsors: Danish Mutual Insurance Association, Fareway – Harlan, Hy-Vee – Harlan, Landmands Bank, and Shelby County State Bank. The Museum of Danish America is located on the western edge of Elk Horn and is commonly confused with the Danish Windmill, despite it being nearly a mile away and lacking a windmill. More information may be obtained by emailing info@danishmuseum.org or calling (712) 764-7001 during weekdays, 10 am – 4 pm.



ELK HORN, Iowa – You literally “take it with you when you go.” Despite the art form having been in practice for over 5,000 years, the ephemeral nature of the finished work is one reason that tattooing has been an uncommon topic of museum exhibitions and a difficult research subject overall. In addition, throughout history, tattoos have typically been created by artists who don’t sign their work, with instruments that are either indistinguishable from other tools or have been misidentified. Actual tattoos on human skin have very rarely been preserved.

In an exhibition open at the Museum of Danish America through September 5, the exhibition’s curator, tattoo anthropologist Dr. Lars Krutak, has pulled together decades of globe-spanning research, along with vintage paraphernalia and bespoke works by contemporary artists, to convey how powerful body marking practices have been throughout time.

Beyond decoration, a tattoo can serve as a wearable message – a record of stories, memories, or milestones. A tattoo can convey social affiliations or establish differences. Ancient and indigenous cultures have also used forms of tattooing for spiritual practices and medicinal purposes, many of which are highlighted in the exhibition through Krutak’s own research.

Since their wide introduction to the American public through circus acts in the mid-1800s and until a shift in perception in the 1970s, tattoos were broadly viewed as rebellious and unprofessional. What was once a masculine realm of sailors, bikers, and prisoners has now been embraced by world leaders, royalty, and “everyday Americans” of all genders. Today in

America, it is estimated that nearly one in three Americans has at least one tattoo. In fact, tattooing is now so mainstream and widespread that it experiences converse phenomena: While tattoo designs have often been influenced by the aesthetics of the period, tattoos now influence art, film, fashion, and even product design. And just as is common in those fields, contemporary tattooists emulate styles, symbols, and techniques of the past in their work.

“Many tattooists today try to push the envelope of art forward,” Copenhagen-based tattoo artist Colin Dale is quoted in the exhibition as saying. “But I look backwards to try and discover where tattooing came from, how and why it started, and what kind of tools were used thousands of years ago. That is why I use tools made from bone, flint, and thorns — to pay homage to the ancients.”

An example of work by Dale is displayed on a silicone arm in the gallery.

Today, Krutak extolls a golden age of the art form: “Every style of tattooing in the world is now at our fingertips. Since the introduction of the Internet, Facebook, and Instagram, the numbers of tattooed people have radically increased. And tattoo artists are constantly innovating and expanding what a tattoo can be.”

This exhibition, organized by Vesterheim, the National Norwegian-American Museum and Folk School, rolls up the sleeves to uncover an art form and cultural practice that has long been inaccessible on such a comprehensive scale. It will be open at the Museum of Danish America through September 5. The museum’s hours are Mondays through Saturdays 10 am to 4 pm and Sundays 1 pm to 4 pm. Non-member admission is \$5 for adults.

A free lecture by Dr. Lindsey Row-Heyveld on the topic of “Tattoos, Medievalism, and White Supremacy” will be held at the museum on July 14 at 6:30 pm. A free-will donation dinner will be served before the lecture at 5 pm until gone.

MUSEUM OF DANISH AMERICA

E: MEDIA@DANISHMUSEUM.ORG | P: 712.764.7001

2212 WASHINGTON STREET, ELK HORN, IA 51531

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Robert Kite

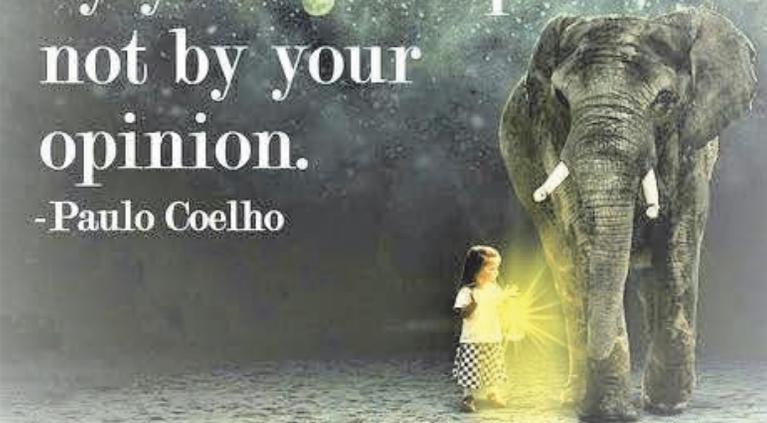


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not by your
opinion.
-Paulo Coelho





Myrtue Medical Center Public Health

PRESENTS



LEAD POISONING PREVENTION & REMEDIATION

PLEASE JOIN US ON

TUESDAY, JUNE 28TH | 12 PM - 1 PM
MYRTUE MEDICAL CENTER'S AUBLE ROOM

ADMINISTRATION ENTRANCE - 1213 GARFIELD AVE.
REGISTER AT [SHELBYCOUNTYCLINICS.COM](http://shelbycountyclinics.com) AND CLICK ON LEAD
POISONING PREVENTION & REMEDIATION OR CALL 712.755.4422

WHY: 82% of homes in Shelby County were built before 1978, making them a potential source of lead-based paint poisoning. This data point puts many children at-risk for lead exposure in our local communities.

WHAT: This educational opportunity will share information on populations at-risk for lead poisoning, sources of lead in the home, symptoms of lead poisoning, and health consequences of lead exposure. Additionally, you will learn about ongoing childhood lead testing expansion, remediation opportunities, including financial support, to remove lead from homes, and nutritional recommendations to address lead exposure.

WHO: Homeowners, Landlords, Real Estate Agents, and Healthcare Professionals

Don't miss this opportunity to better understand lead poisoning and how you can positively affect the health of your child and the health of the community. Limited to 30 people and lunch will be provided for registered attendees.

Shelby County's Lead Risk Factors

Shelby County's Lead Report Card, as compiled by the Iowa Department of Public Health (IDPH), indicates significant lead risk factors and testing gaps in the county. According to the IDPH dataset, just over half of Shelby County one-year-old children are tested for lead exposure and only 17% are tested at 2 years of age. The Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) schedule requires testing at one and two years of age. For children at higher risk, testing is also recommended at 18 months, and annually thereafter up to age six.

Health impacts of childhood lead exposure include brain damage, slowed growth and development, and hearing, speech, learning and behavior problems. Health concerns can be addressed if lead exposure is identified at an early age and the source of exposure is corrected. If your child is tested and has an elevated lead level, Myrtue Medical Center's Public Health Department can help you identify the source of exposure, help you reduce risks of ongoing lead poisoning, and access support for correcting household sources of lead.

As the saying goes, an ounce of prevention is truly worth a pound of cure when it comes to lead poisoning prevention. For questions about lead poisoning, please consult your healthcare provider or call Public Health at 712.755.4422.

Myrtue Medical Center's *Learning for Life*
CAR SEAT SAFETY CHECK



SATURDAY, JUNE 25TH | 9 AM TO 11 AM
HARLAN HY-VEE PARKING LOT

- Learning for Life parent educators are fully trained as car seat safety technicians and will be providing the car seat safety checks
- Each safety check will take 30 minutes
- Before the safety checkup:
 - Be prepared to learn. Car seat safety technicians are trained to teach you how to install your seat.
 - Know your child's weight and height.
 - Be sure to bring your child and their car seat with you as well as another caregiver to help while you are learning.

APPOINTMENT REQUIRED:

Call 712.755.4422 or reserve at shelbycountyclinics.com and click on Car Seat Safety Checks

MYRTUE DEPARTMENT OF PUBLIC HEALTH
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and you're
probably
somebody's
reason to
drink too.



Thank you

This thank you comes way too late but as everyone knows, things happen and it doesn't get done.

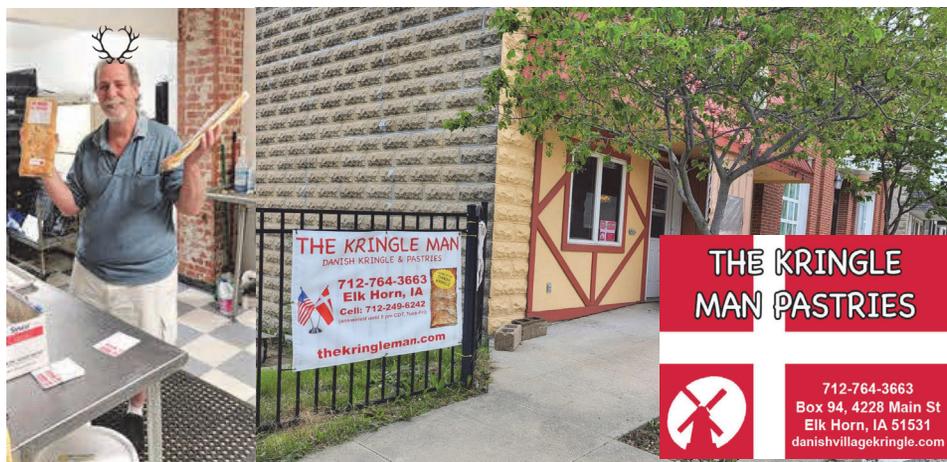
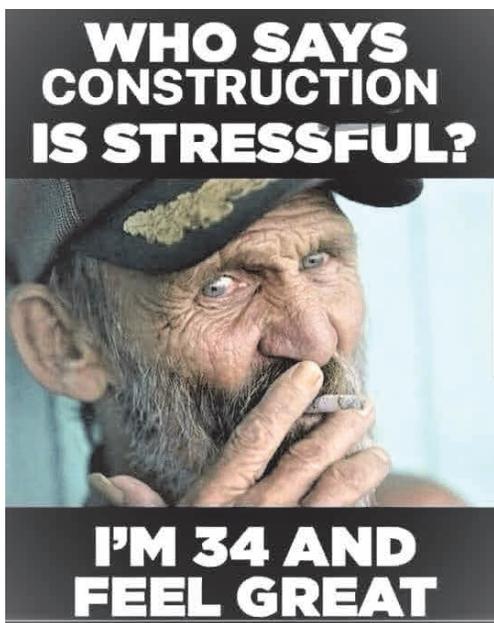
I want to thank all Elk Horn people and other friends and relatives who have helped me on my new journey in life of living alone after my husband

John passed away in December. My daughter has come to be a super help in taking care of many things that I just couldn't figure out how to handle.

Many blessings go out to all.

Thanks again.

Doris Jones



JOANNE POTTS ESTATE, OWNER ANTIQUE, PRIMITIVE & HOUSEHOLD AUCTION SUNDAY, JUNE 26, 2022 @ 11:00 A.M.

SALE LOCATION: 636 Rd. M56 - Elk Horn, IA

ANTIQUES & PRIMITIVES: Sterling Silver Silverware; Railroad Lantern; Shelby County Atlas 1911; Davy Crockett Stamp Book; Glenn Miller 45 records in box; Marilyn Monroe Poster; John Wayne Poster; Bell & Howell Slide Projector; Danish Plates; Blue Fenton Vase, Basket; Amber Depression Glass; Shirley Temple Pitcher & Bowl; Cup & Saucer Collection; Hanging Light Fixture w/crystals; Stained Glass; Wicker Suitcase from Denmark; Necchi Black Sewing Machine in Cabinet; Marbles; Adv. Yardsticks; Old Toys & Games; 3, 12, 30 Gal. Western Crocks; 5 Gal. Brown Crock; 5 Gal. Blue Band Crock; Lionel Train Set; Eagle Brand Accordion; BB Gun; Antler Yearbooks; 1875 Historical Atlas of Iowa; 1915 Vol. 1 & II Shelby Co. History Books; 2 - Danish Winter Scene Pictures; Old Man & Sea Picture; 2 Old Pinball Games; 2 - Phonograms on Base Holder; 2 - Crosley AM Radios; Atwater Kent Radio; Crosley Amplifier; Freed Eisemann Radio; 2 - Spring Seat Metal Chairs; Corn Sheller w/motor; 3 - Sprinkling Cans; Cast Iron Dinner Bell; Parking Meter from Atlantic; Pointed Anvil; Square & Round Wash Tubs; Egg Baskets; 3 - Outboard Motors; 2 - Old Generator Motors; Buzz Saw blade; Old Sleds; 10' Wood Ladder; 100 Yr. old ceiling fan; Maytag Engine; Wood Oars; 6' Wood Toboggan; Cast Iron Wood Burning Stove; 12 - Steel Wheels; Yard Gate; Cast Iron Hay Trolley; 2 - Concrete planters; Chevrolet Pickup Tailgate; Wood Doors; Old Wheelchair; Horse Drawn Sled Runners; Tiffany Style Hanging Leaded Glass; 7-Maytag Motors; Custom Forge; 3 Wisemen on Camels; Rectangular Wash Tub on Stand. **ANTIQUE FURNITURE:** Oak Step Back Kitchen Cupboard; Oak Secretary; Oak Secretary w/beveled Mirror; 3 - Painted White, Green, Red Wainscot Cabinets; US Navy Card File w/brass pulls; Round Oak Table w/2 leaves; Amish Oak Dining Room Table w/4 leaves & Chairs; Oak Parlor table; Oak Coffee Table; Oak Piano Stool w/Glass Ball Claw Feet; Cedar Chest; Painted Oak Gentleman's Dresser w/Handkerchief Drawers; 3 - Piece Walnut Bedroom Set w/ornate Carvings; Walnut Parlor Table; Maple Tea Cart; Walnut Chifferobe; Walnut Desk w/marble inset; Walnut Dresser; Spinning Wheel; White Wicker Coffee Table; Wicker Plant Stand; Oak Shelves on Wheels; Oak Chair; 4 - Floor lamps. **HOUSEHOLD & MISC:** 2 - Double Beds; Oak Glider w/ottoman; Leather Love Seat; Computer Desk; Linens; Holiday Decorations. **APPLIANCES:** Maytag 16.7 cu. ft. Refrigerator; Maytag Front Load Washer; Kenmore Electric Dryer; 3 - Oscillating Fans; Charbroil Gas Grill; Turkey Fryer. **LAWN EQUIPMENT & TOOLS:** Lex Mark Laser ZTR Riding Lawnmower; Par Car Golf Cart; Generator; Oxy-Acetylene Torch on cart; 2 Wheel Tilt Bed Garden Cart; Appliance Cart; Leaf Blower; Ariens Snow Blower; Live animal Trap; Stihl Weed Trimmer; 2 - 40' Aluminum ladders; 2 - 24' Scaffold Planks; Pump Jacks; Pipe Scaffolds; 6 - 16' Sioux Gates; Table Top Drill Press; Coleman Air Compressor; Delta Shop Dust Collector; Garden Hoses; True Temper Long Handle Spade; Misc. Hand Tools; 4 Rolls of Orange Snow Fence. **TRACTORS & MICS. FARM MACHINERY & MOTORCYCLES:** Allis Chalmers WD Tractor w/loader & rear blade; 1937 WC Allis Chalmers; JD M Engine; Quick Hitch Grapple; Honda 350 Motorcycle; Harley Davidson Sprint 250 Motorcycle; Yamaha 250 Motorcycle; 1970s Indy body Go Cart; 1917 Nash 1 Ton Truck; David Bradley Trimmer.

AUCTION CONDUCTED BY: OSBORN AUCTION LLC, Walnut/Harlan, IA
Mitch Osborn, 712-579-4824 • John Clayton, 712-249-1024
Curtis Osborn, 712-246-8722 • www.osbornauction.com

Well-Child Visits Take Place of Athletic Physicals

Now is the time to get your regular check-up for a child under the age of 18. The regular check-up is often referred to as a “well-child visit.” These visits help ensure that infants, children and teens are getting the proper care they need to stay healthy. They give the doctor, parents and child an opportunity to talk about nutrition, safety, immunizations and many important age-appropriate topics.

A well-child exam also fulfills the requirements of an athletic physical, also referred as a “back to school exam”. This year, Myrtue will not schedule a block of visits specifically for athletic physicals. Instead, parents should call to schedule a well-child visit for their adolescent or teen at a time that works with their schedule. This will meet the athletic physical requirements for participation in 7-12 grade school activities.

Well-child exams will be filed with insurance and you can have one wellness check per year. Many plans pay 100% for a wellness exam. Check with your insurance company, if you have any questions.

“**Many parents don’t know that a well-child exam will qualify as an athletic physical,**” said Dr. Sarah Devine, pediatrician at Myrtue Medical Center. “Just bring the required athletic physical paperwork, and we will complete the form for you. The athletic physical lasts for 13 months.”

Schedule your appointment

To schedule your well-child exam, which includes the athletic physical, please call 1-833-662-2273 or the local number at 755-4516. The Iowa Athletic Pre-Participation Physical Examination form can be found on myrtuemedical.org website under the tab Patients + Visitors | Authorization & Release Form | Iowa Athletic Pre-Participation Physical Examination.

Does a well-child visit count as an athletic physical?

Yes, an athletic physical exam is part of the well-child visit and is known as a pre-participation physical examination. The exam helps determine whether it is safe for a child to participate in a particular sport. The sports physical focuses on your well-being as it relates to playing a sport. A well-child exam is much more comprehensive and includes reviewing immunization records, discussions about behaviors, school issues and proper nutrition with the child.

How does a well-child check benefit my school-age child?

As your child grows, his or her body is going through a lot. It is important to monitor these changes closely to know if the development is happening at a normal rate. Growth patterns tend to change as children enter the pre-pubescent/adolescent stage of life. The wellness exam gives the practitioner a chance to provide the child with a thorough physical exam that also addresses any emotional, developmental, or social concerns. Well-child checks continue to be beneficial in providing education to middle schoolers and high schoolers, and their parents, on these changes and any challenges that may be present.

This annual visit provides an opportunity to discuss diet, exercise options, provide vision screenings, and additional testing. It is also a good chance to address important questions or concerns you have as a parent, especially with teenagers, including adolescent issues of substance use such as drinking, smoking and depression.

Routine Immunization

“Immunization rates are down across the state due in part to the COVID-19 pandemic. Iowa Department of Public Health will not delay immunization requirements for school this fall, so it is important that people start updating vaccines,” said Dr. Devine. “Certain diseases have become so rare because of immunizations that many parents question whether their children need them. Immunizations are one of the best ways to end the potentially serious effects of many diseases. Vaccines save lives. They are an important part of keeping your child healthy.”

***Brain cells, hair cells and skin cells..
They all die constantly.
But fat cells....
they seem to have eternal life***

***All my life I thought air was free..
Until I bought a bag of chips...***

The City Council of Elk Horn met in regular session on Monday June 6th, 2022, at 6:00 PM with the following members present: Mayor Hansen; Councilmen Fredericksen, D. Petersen, Teegerstrom, Hogberg and K. Petersen. Also in attendance was Clint Fichter, Chelsee Jacobsen, Jerry Evans, Jeff Nelson, Adam McCall, Adam Larsen, Jeff Godwin, Mike Jorgensen, Alissa La-Canne, and Tim & Kim Andersen.

Fredericksen moved, seconded by Hogberg to approve the agenda as presented. Roll Call: Ayes 5. Motion carried.

Teegerstrom moved, seconded by Hogberg to approve May 2nd, and May 26th, 2022, meeting minutes. Roll Call: Ayes 5. Motion carried.

New Business:

Snyder & Associates: Jeff Godwin presented the water project for Elk Horn including updating the well field, water treatment plant, and water main replacements. Council will review the engineer agreement provided by Snyder & Associates at the next meeting.

Hotel Update: The hearing has been moved to June 27th, 2022.

4236 Main Street: Tim & Kim Andersen presented plans for 4236 Main Street. Before the building was purchased in 2018, Tim & Kim attended a council meeting to review with Council what their plans were, but no motions or approval was made or needed. They have plans to convert the building to 4 apartments. In May of 2021, Petersen moved, seconded by Potts to Amend Ordinance 12.2.1 and 12.3.1. SECTION 1. The purpose of this ordinance is to amend the permitted uses allowed in the C-1 Central Business District to remove any permitted residential uses. After discussion, the zoning and planning committee will meet with the city attorney to discuss further.

Final Pay app for Howrey Construction: Mike Jorgensen with Snyder & Associates presented the final pay app for Howrey Construction. Mike stated that Howrey would be coming back to re-seed and fix dirt work in some areas. Teegerstrom stated in front of the pool house needs to be looked at due to standing water that has no place to drain. Mike said they would take care of it. D. Petersen moved, seconded by K. Petersen to approve Howrey Construction's final pay application. Roll Call: Ayes 5. Motion carried.

K. Petersen moved, seconded by D. Petersen to approve the claims register and time sheets as presented. Roll Call: Ayes 5. Motion carried.

Fredericksen moved, seconded by D. Petersen to approve the financial report. Roll Call: Ayes 5. Motion carried.

Contract Reviews:

EMT Contract: Adam McCall will begin work on June 13th, 2022. Council approved Adam to work 7AM to 4PM M-F and rotating water chores. OT hours worked will be converted to comp hours for the first year.

Larsen Sanitation: Elk Horn is requesting an updated contract with Larsen Sanitation. The contract will start August 1, 2022, and end July 31, 2024. City and Contractor will work on a new contract requesting billing be submitted by the 25th of every month to the City Clerk. Adam stated in the future switching garbage pick up days, more TBD. Adam will work with the city to possibly have a city wide clean up also TBD.

Small City Resource Institute: Council reviewed and is asking for monthly statements of work completed and more grant writing to be done.

Department Reports:

Streets/Sidewalks- Washington Street asphalt is completed. Ten Point Construction is currently making Washington Street sidewalks ADA compliant. Ten

Point offered while they were in town they would get as many jobs done as requested. Many homeowners have concrete being done while the crews are in town.

Water/Water Samples/Sewer- MOR & DMR have been completed for May. Teegerstrom moved, seconded by K. Petersen to approve monthly meter reads beginning in July. Roll Call: Ayes 5. Motion carried. Every bill going forward will be the monthly usage. This will help detecting water leaks faster.

Pool/Park- Due to safety concerns, nobody under 10 years of age can be in the pool without a guardian 14 years or older.

Fitness Center- Council reviewed the employee handbook, the wellness program free membership on the fitness center is for only 18 and up.

Library- Alissa presented the library remaining budget for 2022 and asked if unspent budget dollars can go to the special library fund. Clint advised to keep an operating budget vs rolling into the special library fund.

City Clerk- Chelsee requested July 1st, 2022, off for a vacation day. July's council meeting will be Wednesday July 6th, due to Monday's holiday.

K. Petersen moved, seconded by Fredericksen to adjourn the meeting at 9:30PM. Roll Call: Ayes 5. Motion carried.

Keli Hansen, Mayor

Chelsee Jacobsen, City Clerk

Please help us **welcome Adam McCall**, our full time EMT / General Maintenance man. Adam has been a resident of Elk Horn for 17 years. He and his wife Crystl have 4 children. Adam will be responsible for answering EMS calls during the day.



The start of Monday Night Potlucks

Good food and Christian fellowship Potluck was held at Elk Horn Lutheran Church basement on 6/20/22. It was a great success, and ALWAYS room for more. We will be holding another soon and will post the date and time. We would like you to join us and bring a friend. All are welcome. See you there, Chad Juelsgaard



Next Year's car show due to gas prices


ICE CREAM
and dessert
SOCIAL

Ice Cream Social
July 17 - 4-6 pm
Elk Horn Lutheran church
4313 Main Street
Home made ice cream, pie, cake and cookies.
Everyone is welcome. Bring a friend.



All women are invited to join us on the first and third Sundays of each month this summer immediately after worship. We will be viewing an episode of "The Chosen" each Sunday. Hope to see you there!

◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆

WORSHIP SCHEDULE

June 26th: 9:00am Worship @ Bethany

July 3rd: 9:00am Worship @ Immanuel w/communion

July 10th: 9:00am Worship @ Bethany w/communion

July 17th: 9:00am Worship @ Immanuel

July 24th: 9:00am Worship @ Bethany

July 31st: 9:00am Worship @ Immanuel

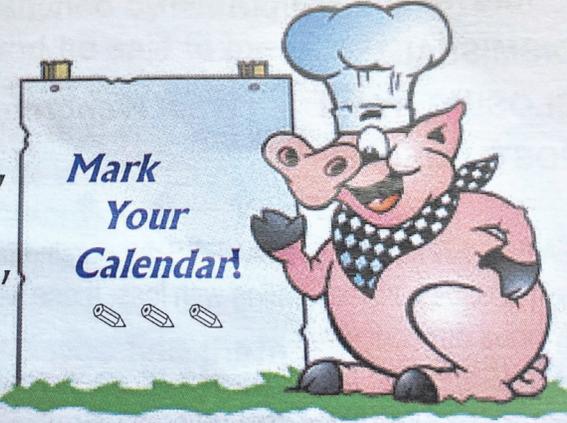
August 7th: 9:00am Worship @ Bethany w/communion

August 14th: 9:00am Worship @ Immanuel w/communion

PASTOR TIM'S CONTACT INFORMATION:
 Cell Phone: 402-910-0173 † E-mail: pastortimlcmc@gmail.com

WOMEN'S BIBLE FELLOWSHIP
 Meeting the 1st & 3rd Sundays of each month,
10:15am at the church. We are looking at the series, *The Chosen*.

HOG ROAST
 Bethany Lutheran's Annual Hog Roast is **NEXT Sunday, June 26th, at 5:00pm.**
 Come for a meal & auction, while helping to support the ministries of Bethany Lutheran.

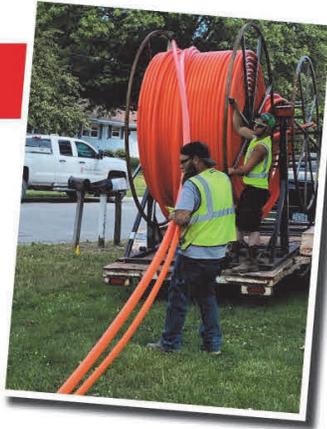


Plan to ATTEND and INVITE others!



EXIRA

June 20 is our 'Go' date to start Fiber construction in Exira



Watch for activity & more info to come!



Marne Elk Horn

Your Local Connection

www.metc.net

712-764-6161 - Elk Horn

712-784-2211 - Walnut & Avoca



FIRSTLINE OUTDOOR POWER

Glen & Carla Hoegh

www.firstlineoutdoorpower.com

email: fristlin@metc.net

C: 515-240-4694

P: 712-773-2112

F: 712-773-2113

107 N Main St

Box 118

Kimballton, IA 51543

Common Sense is like Deodorant...



Those that need it most **NEVER** use it



KEVIN OSBORN, BROKER/OWNER

You have options when it comes to buying & selling!

These agents live in Elk Horn and are ready to help you.



LOCAL AGENTS AVAILABLE TO SERVE

Our mission is to provide an honest commitment to our clients and represent them with the utmost integrity & professionalism.

Our agents proudly live, work, buy, sell, and volunteer locally in the communities we serve and beyond.

712-579-0825

1016 6th St., Harlan, IA

osborn-realty.com

Shane Schechinger

712-579-1757

shane.schechinger@gmail.com

Kayla Petersen

712-307-0470

kaylapetersenrealty@gmail.com

Welcome Home



Be back soon!